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Author Temertzoglou, Ted, 1964- author. Title Kinesiology : an introduction to exercise science / Ted Temertzoglou (Lead Author, Health and Physical Education Consultant, Toronto) ; contributing authors, James Mandigo (Brock University), Paul Challen (Sports Writer and Author), Lori Livingston (Lakehead University), Brian Roy (Brock University).

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Thompson Maneuver Exercises For Back Pain | HealthySpines.org

About Sport and Exercise Science. Sport and exercise science is the application of scientific principles to sport and exercise, achieved through one of the following three branches of science, or through interdisciplinary approaches: Biomechanics - an examination of the causes and consequences of human movement and the interaction of the body with apparatus or equipment through the application ...

About Sport & Exercise Science | BASES

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