

Ramadan Fasting And Educational Outcomes

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Why Muslims fast during Ramadan

Amazing BENEFITS of fasting(ROJA) in TELUGU ||| RAMZAN SPECIAL

Ramadan Fasting Tips For Success | Brendan MeyersDMU Imam Mohammed Laher talks fasting during Ramadan Why do
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If fasting is the main mechanism through which Ramadan affects academic performance, our results are informative about the relation between nutrition and educational outcomes. Based on previous research, we hypothesize that observing Ramadan, and especially observing the fast, will have a negative impact on participants ' academic achievement.

Ramadan, fasting and educational outcomes ScienceDirect

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For identification we exploit that the number of Ramadan weeks during the course that we study, varies from year to year, ranging from zero to four. Our main finding is that Ramadan observance has a negative impact on performance; one additional Ramadan week lowers the final grade of Muslim students by almost 10% of a standard deviation.

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title = "Ramadan, fasting and educational outcomes", abstract = "Using a difference-in-differences framework, we estimate the impact of Ramadan on educational outcomes of Muslim students living in a non-Muslim country. For identification we exploit that the number of Ramadan weeks during the course that we study, varies from year to year, ranging from zero to four.

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educational outcomes. Based on previous research, we hypothesize that observing Ramadan, and especially observing the fast, will have a negative impact on participants' academic achievement. Re-search among people observing Ramadan indicates lower mental activities during daytime and increases in these activities after sunset.

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For example, a number of recent papers have exploited the exogenous timing of Ramadan-induced fasting to study effects on educational, health and labour market outcomes (Almond and Mazumder 2011 ...

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Downloadable (with restrictions)! Using a difference-in-differences framework, we estimate the impact of Ramadan on educational outcomes of Muslim students living in a non-Muslim country. For identification we exploit that the number of Ramadan weeks during the course that we study, varies from year to year, ranging from zero to four. Our main finding is that Ramadan observance has a negative ...

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Outcomes The primary outcome was fasting behaviour, defined as fasting or not fasting. Secondary outcomes of this study were preterm delivery and birth weight as they had previously been reported to be associated with Ramadan fasting [2 – 4, 8]. Preterm delivery (PTD), was defined as birth before gestational week 37 + 0.

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~~Experiences and outcomes of maternal Ramadan fasting ...~~

This is the major objective of fasting in Ramadan as clarified by the Qur ' an. God said, " O you who have believed, decreed upon you is fasting as it was decreed upon those before you that you may become righteous [muttaq n]. " 2 Fasting also teaches a person how to have taqw because while one is fasting they are careful about all kinds of things. They watch what comes out of their mouth, what they look at, and all that they do.

~~Objectives of Fasting and Ramadan | Virtual Mosque~~

The main outcomes of this study were gestational diabetes, preterm labour, preeclampsia, low birth weight, Apgar score, height, weight, and head circumference of the newborn. About 80% of the women in the fasting group fasted for 21 – 29 days during Ramadan, out of whom 38.7% completed fasting for the entire Ramadan period.

~~Perspectives and pregnancy outcomes of maternal Ramadan ...~~

Ramadan, fasting and educational outcomes § Hessel Oosterbeeka,b,c,* , Bas van der Klaauwd,e aUniversity b of Amsterdam, TIER, Tinbergen Institute, Netherlands CESifo, c Germany FLACSO, d Ecuador VU e University Amsterdam, Tinbergen Institute, Netherlands CEPR, UK 1. Introduction This paper examines the impact of Ramadan on the academic

~~Economics of Education Review~~

Ramadan, fasting and educational outcomes By Hessel Oosterbeek and Bas van der Klaauw Get PDF (193 KB)

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So, many studies have focused on the effect of Ramadan fasting on metabolic changes and health outcomes in different groups of Muslims population. Studies reported that total cholesterol (TC), low-density lipoprotein (LDL), high-density lipoprotein (HDL) and blood glucose have been improved after Ramadan compared to before Ramadan among athletes.[3]

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~~Is Ramadan fasting related to health outcomes? A review on ...~~

In Ramadan, after complete fasting, it is advisable to break the fast with one or two glasses of water, some natural foods like a few dates or fruits, and a soup to provide adequate hydration.

~~How similar is intermittent fasting to fasting in Ramadan ...~~

Ramadan, fasting and educational outcomes By Hessel Oosterbeek and Bas van der Klaauw Get PDF (193 KB) Ramadan, fasting and educational outcomes - CORE Ramadan is a special time of the year that brings increased spirituality, self-discipline, compassion and gratitude.

~~Ramadan Fasting And Educational Outcomes~~

Results: About 80% of the women in the fasting group fasted for 21 – 29 days during Ramadan, out of whom 38.7% completed fasting for the entire Ramadan period. The results revealed that the decision to fast during pregnancy was negatively associated with the mother ' s educational level and occupation.

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This ramadan fasting and educational outcomes, as one of the most energetic sellers here will unconditionally be in the middle of the best options to review. Freebooksy is a free eBook blog that lists primarily free Kindle books but also has free Nook books as well. There's a new book listed at least once a day, but often times there are many ...

This book examines the challenges that Pakistani-American families have faced in their attempts to assimilate within the U.S. school culture since the September 11 terrorist attack.

In the scientific analysis of religion, the most important distinguishing feature of the economic approach compared to other disciplines is that it has not conflicted with religion, unlike other areas of social science. Especially with the rational choice theory, it is seen that religion and religiosity are the subject of scientific research as a phenomenon that affects the decisions and preferences of the rational individual. In this context, especially in many recent studies, the relationship between religion, religiosity and economic development has been discussed in both ways. Although the impact of religion and religiosity on economic development, or vice versa, the impact of economic development on religion and religiosity has been laid out mainly in researches reflecting the Christian world, this relationship has not been examined much in predominantly Muslim countries, including Turkey. This book examines this two-way effect based on data through a large volume of Turkey sample. In the first chapters, starting from the age of enlightenment, we talk about the adventure of the areas that are the subject of the debate between religion and social sciences, and in the following sections, the answer to many questions in the context of economic

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analysis of religion is revealed based on data. What is the relationship between individual indicators of development, basic demographics and religiosity? Who are more religious, highly educated or low-educated people? Is there a gender gap in terms of religiosity? Or is age an important variable for religiosity? What is the change in religiosity as the income level rises? What does the comparison of regions with different levels of economic development tell us in terms of religiosity? You will find answers to many such questions on Turkey population and the rest of the world comparatively in this book ...

Background: Management of diabetes during Ramadan fasting can be a challenge for people with diabetes as well as for healthcare professionals. Recent studies indicate that the 94% of people with type 2 diabetes wish to fast, however, only 67% of them are able to fast the full month (1). Many of these are fasting against medical advice. Equally, the advice from healthcare professionals varies greatly from country to country. CREED study indicated that while in Algeria 83.5% of people with diabetes fasted every day, in neighboring country; Morocco only 22.9% did fast (2). This probably reflects the different advice from healthcare professionals in these two countries. Similarly, Ramadan-focused education has previously shown lower risk of hypoglycaemia during Ramadan (3). However, no previous studies have looked into the attitude, behavior and impact of Ramadan focused education in those considered as high-risk group for Ramadan fasting. Therefore, this study is the first study that includes very high/high risk category groups for fasting Ramadan and should help better understanding of diabetes and Ramadan fasting in such group. **Aims:** We aimed to assess the attitude and behavior as well as the impact of Ramadan focused education for very high/high risk group for fasting Ramadan. This included people with type 1 diabetes, people with type 2 diabetes treated with insulin, people with stable CVD and diabetes, people with CKD stage 3 and diabetes as well as women with gestational diabetes during Ramadan. **METHODS:** 168 persons with type 1 diabetes, people with type 2 diabetes treated with insulin, people with stable CVD and diabetes, people with CKD stage 3 and diabetes as well as women with gestational diabetes who insisted on fasting Ramadan were recruited to the Dubai Hospital, Diabetes and Ramadan study. Our local ethics committee approved this study. All patients consented to take part in the study. They were all invited to attend a Ramadan focused patient education session. A questionnaire was applied prior to, and at the end of the educational session. 1-2 months post Ramadan the questionnaire was repeated again. Freestyle Libre CGM was provided to all patients to look into the glucose changes pre, during and immediately post Ramadan. Meanwhile, biometric (Weight, height, Blood pressure) and biochemical (Glycosylated hemoglobin-A1c, lipids profile, creatinine, and estimated glomerular filtration rate) were reported within 2 to 4 weeks before and after. **Results and discussion:** All patients reported improved confidence in knowledge for safe fasting except for the GDM group where this reduced from pre-session value of 92% to post session level of 70%. The educational benefit of the educational session was reported at 93%. The overall average fasting days of the whole group was 27.7 days ranging from 24.1 days in type 1 diabetes to 29.6 in GDM. Fasting for the full month of Ramadan was achieved by 64% of this high-risk group, which matches that achieved in by the overall diabetes community reported in CREED study (2). This average rate of fasting varied from as low as 21% in type 1 diabetes to 85% in those with diabetes and stable CVD. On the contrary, change in medication was practiced by 63% of type 1 patients compared to 26% in diabetes and stable CVD. This might reflect the type of treatment used. Hypoglycaemia measured by CGM data increased from 44% pre-Ramadan to 60% during Ramadan. Breaking

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fasting when hypoglycaemic was practiced by 85% of the overall cohort which higher than previous data from the same region few years ago (4) and might reflect the impact of Ramadan focused education as well as the availability of CGM data. On the other hand, this still indicates that 15% are not breaking the fast when their results indicate blood glucose level

To meet the care needs of today's diverse patient community, healthcare professionals must learn to care in environments comprising different worldviews, communication styles and expectations. To meet this challenge, it is essential that they operate from a solid foundation of knowledge, based on high standards for cultural competence in nursing practice. Cultural Competence in Caring for Muslim Patients is designed for nurses and allied healthcare professionals. It offers a deeper insight into ways in which the Islamic faith is intertwined with patient care, and explores approaches with which to effectively address the varying healthcare requirements of a growing and diverse Muslim community. Following a clear and accessible format, the book discusses key issues including: - The identity and religious beliefs of Muslims - The ethical dimension in caring - Understanding the Muslim family system - Health considerations during fasting and pilgrimage (Hajj) What's more, case studies, activities and discussion questions throughout actively support learning and reflective practices. This insightful guide will prove a valuable asset for any nurse or healthcare professional looking to develop their understanding of how to deliver culturally compassionate and congruent care.

Impact of structured education on diabetes management during Ramadan M.H. Jalali¹, F. Mahmoud², N. othman², N. Al matrouk³, A. Monira⁴, A. Bennakhi⁴.¹Dasman Diabetes Institute, nursing, kuwait, Kuwait.²Dasman Diabetes Institute, Education, kuwait, Kuwait.³Dasmani Diabetes Institute, Education, Kuwait, Kuwait.⁴Dasman Diabetes Institute, Research, Kuwait, Kuwait. Background Fasting during Ramadan is an obligatory duty for all healthy adult Muslims. Although Islam exempts people with chronic medical conditions from the duty of fasting, many people with diabetes insist on fasting Ramadan despite the medical advice not to. Fasting among people with type 1 & 2 diabetes is associated with multiple risks such as hypoglycemia, hyperglycemia, and others. The practice in Dasman Diabetes Institute is to conduct an annual educational course 2-3 months before the start of the holy month of Ramadan. Aim To evaluated the impact of implementing a structured education program in preventing diabetes associate complications of fasting. Method A customized version of MADAR (Measured Approach for Diabetes and Ramadan) has been adopted, adapted and implemented for this purpose. Educators, nutritionists, nurses and physicians are involved in this program. All participants filled a questionnaire, covering different aspects related to the effect of fasting and diabetes, before and after Ramadan. The course is a one day of 3 hours duration. It consists of two parts; basic diabetes and nutritional concepts. The questionnaire covers a brief medical history and past experience of any complication of fasting in previous months of Ramadan. Confidence rate to manage diabetes outcomes during fasting is also assessed. Results 215 patients, 118 male and 97 female, were invited and accepted to participate in the program. Only 18/215 were T1DM, the remaining 197 were T2DM. The mean age of the participants was 56.1 year. There was a significant improvement of confidence rate to manage diabetes outcomes during fasting. There was 46.9% reduction in hypoglycemic events and an overall improvement in glycemic control by 1.1% of HbA1c. Discussion Ramadan-focused structural diabetes

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education program can empower patients to change their lifestyle during Ramadan and it reduces the risks associated with fasting in people with diabetes.

This book is a complete guide to the diagnosis and management of diabetes. Divided into eight sections, the text begins with an overview of the history, epidemiology and pathogenesis of the disease. The next chapters discuss different types diabetes, diagnosis, managements techniques, and monitoring. The following sections cover chronic and acute complications, and diabetes in special situations such as in pregnancy and during Ramadan. The book concludes with discussion on transplant, gene and stem cell therapy, psychosocial aspects, and public health and economics. The comprehensive text is further enhanced by clinical photographs, diagrams and exhaustive references. Key points Comprehensive guide to diagnosis and management of diabetes Covers different types of diabetes and potential complications Includes discussion on diabetes in special situations such as in pregnancy or during Ramadan Features clinical photographs, diagrams and exhaustive references

The Handbook of Historical Economics guides students and researchers through a quantitative economic history that uses fully up-to-date econometric methods. The book's coverage of statistics applied to the social sciences makes it invaluable to a broad readership. As new sources and applications of data in every economic field are enabling economists to ask and answer new fundamental questions, this book presents an up-to-date reference on the topics at hand. Provides an historical outline of the two cliometric revolutions, highlighting the similarities and the differences between the two Surveys the issues and principal results of the "second cliometric revolution" Explores innovations in formulating hypotheses and statistical testing, relating them to wider trends in data-driven, empirical economics

Sport Pedagogy offers an essential starting point for anyone who cares about sport, education and young people. It offers invaluable theoretical and practical guidance for studying to become an effective teacher or coach, and for anyone who wants to inspire children and young people to engage in and enjoy sport for life. The book also focuses on you as a learner in sport, prompting you to reflect critically on the ways in which your early learning experiences might affect your ability to diagnose the learning needs of young people with very different needs. Sport Pedagogy is about learning in practice. It refers both the ways in which children and young people learn and the pedagogical knowledge and skills that teachers and coaches need to support them to learn effectively. Sport pedagogy is the study of the place where sport and education come together. The study of sport pedagogy has three complex dimensions that interact to form each pedagogical encounter: Knowledge in context - what is regarded as essential or valuable knowledge to be taught, coached or learnt is contingent upon historical, social and political contextual factors that define practice; Learners and learning -at the core of sport pedagogy is expertise in complex learning theories, and a deep understanding of diversity and its many impacts on the ways in which young learners can learn; Teachers/teaching and coaches/coaching - effective teachers and coaches are lifelong learners who can harness the power of sport for diverse children and young people. Gaining knowledge and understanding of the three dimensional concept of sport pedagogy is the first step towards ensuring that the rights of large numbers of children and young people to effective learning

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experiences in and through sport are not denied. The book is organised into three sections: background and context; young people as diverse learners; the professional responsibility of teachers and coaches. Features of each chapter include: research extracts, ' comments ' to summarise key points, individual and group learning tasks, suggested resources for further reading, and reference lists to enable you to follow-up points of interest. This book provides you with some of the prior knowledge you need to make best use of teaching materials, coaching manuals and other resources. In so doing you, as a teacher or coach, will be well placed to offer an effective and professional learning service to children and young people in sport.

Fasting during the holy month of Ramadan is an important spiritual practice for many Muslims. This involves going without food, liquids and even medication between the hours of dawn until sunset, putting people with diabetes at significant risk of hypoglycaemia (low blood glucose), hyperglycaemia (high blood glucose), or dehydration. This book is a guide to the management of patients with diabetes during Ramadan. Beginning with an introduction to the physiology and endocrinology of fasting, the following chapters examine both pharmacological and non-pharmacological treatment options. The final sections are dedicated to management of the condition in different population groups (children, adolescents, the elderly); and management of complications, including hypoglycaemic and hyperglycaemic emergencies, and co-morbid conditions such as hypertension, high cholesterol and cardiovascular disease. Key points Guide to the management of diabetes during Ramadan Discusses both pharmacological and non-pharmacological treatment options Examines management of diabetes for different population groups Includes comprehensive section on complications and their management

The Oxford Handbook of Economics and Human Biology enhances understanding of how economic conditions influence human well-being and how human health shapes such economic outcomes as wealth. The volume contains cutting-edge reviews from the major thought leaders in the field.

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