


## Erik Bertrand Larssen

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Erik Bertrand Larssen is a performance consultant who energizes people to think differently, embrace what he calls "emotional contrasts," and make small adjustments to their daily actions to experience a successful career and happier life. He is the creator of The Bertrand Method.

Erik Bertrand Larssen (Author of Hell Week)  
Erik Bertrand Larssen has also worked as a mental coach for several years. Both the business and athletic industry have used his knowledge and skills to improve performance in their personal and professional life. He was the mental coach for the national skiing team at the world championship in Oslo in 2011.

Speaker Erik Bertrand Larssen | Maximize your Potential ...  
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Register for Det er bare å gonne på! - Erik Bertrand Larssen  
Erik Bertrand Larssen is a performance consultant who energizes people into successful careers and happier lives. After serving with the military as a paratrooper, he worked in the telecom industry, moved into headhunting and then started mental and career coaching.

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Erik Bertrand Larssen on Norjan suosituin puhuja ja mentaalivalmentaja " koska hän on paras. Kirjassaan Paras hän paljastaa, mikä erottaa voittajan muista. Ja mikä on ominaista heille, jotka elävät unelmaansa. Erik Bertrand Larssen on koulutukseltaan upseeri, laskuvarjosotilas ja taloustieteilijä.

Erik Bertrand Larssen - Elisa Kirja  
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Hell Week Audiobook | Erik Bertrand Larssen | Audible.co.uk  
Erik Bertrand Larssen on koonnut kirjaan vuosikymmenten aikana hankkimansa tiedon ja kokemukset, ja haluaa nyt auttaa sinua pääsemään tavoitteeseesi. Metodit ovat osoittautuneet lyömättömiksi yhä uudelleen ja uudelleen. Paras on kirja täynnä voimaa. Siksi se vetoaa monenlaisiin lukijoihin.

Paras - Erik Bertrand Larssen - E-kirja - Elisa Kirja  
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Erik Bertrand Larssen e-kirja, 2017, suomi, ISBN 9789522795656 Olet vahvempi kuin luuletkaan.Kirjassaan Vahva Larssen esittelee kahdeksan asiaa, joita on hyvä lisätä elämäänsä, ja kahdeksan asiaa, joista kannattaa luopua.